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## DAVIS COUNTY HEALTH DEPARTMENT

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## **News Release**

For Immediate Release:
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Safe Kids F.I.T. Fair Runs Saturday, May 21st

(Kaysville, Utah) – Safe Kids Davis County is helping families get ready for summer by highlighting health and safety during the Eleventh Annual Safe Kids F.I.T Fair on Saturday, May 21st, 10 a.m.-1 p.m. at Barnes Park in Kaysville (200 North 900 West).

"This year we've partnered with Head Start's Get F.I.T. (Families Involved Together) fair to make it a bigger and better event for families," said Chris Bateman, a community health educator in the Davis County Health Department and Safe Kids Davis County coordinator.

"Every year as spring's temperatures begin to warm up, we know there's an increase in the amount of time that children spend outdoors playing sports," said Bateman. "This means that the number of injuries to children can increase. That's why the Safe Kids F.I.T. Fair provides more than 50 interactive booths and activities to educate families on ways to stay safe and fit while having fun."

"Each year, more than 3.5 million children ages 14 years and younger receive medical treatment for sports injuries in the United States," said Lewis Garrett, director of the county health department. "That equals 7 injuries per minute that require medical attention."

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"Accidents are preventable and we want to provide every opportunity possible to inform families on ways to keep their children safe this summer," Garrett said.

According to Bateman, "The fair will have K9 dog demonstrations, child ID kits, gun safety, ATV safety, helicopter landings, inflatable slide, Gold Medal Mile, kindergarten and adult immunizations, and more than 50 interactive safety- and health-themed booths."

More than 350 bike helmets will be given away (one helmet per person – first come, first served). Also, free snow cones will be available.

"We strongly encourage families to come participate in the fair. The information learned and the activities conducted will help keep their loved ones safe and fit while enjoying the summer months," Bateman said.

Sponsors for the Safe Kids F.I.T. Fair include the Davis Hospital and Medical Center,
Intermountain Layton Clinic, Rocky Mountain Allergy-Asthma-Immunology, Head Start,
Intermountain Bountiful KidsCare, Davis Applied Technology College, Waste
Management, and the Davis County Health Department.

For more information about Safe Kids F.I.T. Fair, please call (801) 525-5076.